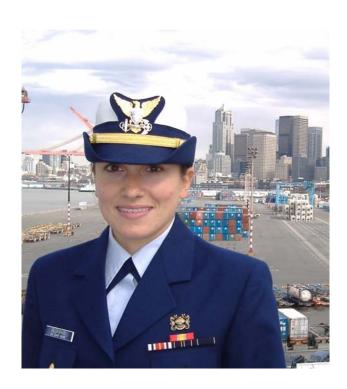
## 2007 Coast Guard Elite Athletes of the Year



LTJG Rachel Beckmann

LTJG Rachel Beckmann, is stationed aboard USCGC HEALY, Seattle, WA. LTJG Beckmann has again distinguished herself as one of the best female triathletes runners in the Coast Guard. She is only the second athlete in the last 17 years who has earned this recognition in back-toback years. LTJG Beckmann had a superb 2007 triathlon season. Among her many accomplishments, she was the 4th woman finisher at the Conseil International **Du Sports Militaire** (CISM) 4<sup>TH</sup> Military World Games held in Mumbia, India. Over 5,000 military athletes from over 102 countries participated in this event, making it one of the world's largest sporting event. Additionally,

LTJG Beckmann displayed her athletic prowess by finishing first, overall, in the Iron Horse 50 -miler in Orange Park, FL; first in her age group at the Lake Stevens, WA Half-Ironman triathlon; and she was the second female finisher in the Lake Padden triathlon, in Billingham, WA. In addition to her athletic achievement, LTJG Beckmann was a 2007 graduate of the Navy Dive School in Panama City, FL and was a volunteer foster animal parent for the Seattle Animal Shelter.

**MST1 Michael Leathers** is stationed at Coast **Guard Sector New York. MST1** Leathers has distinguished himself as one of the best male triathletes and runner in the Coast Guard. MST1 Leathers maintained a grueling triathlon and running competition schedule, participating in over 20 events and placing in the top ten finishers in 13 of those events. At the time of this selection, this demanding race schedule had PO Leathers ranked 457th out of 3,602 men in the 25-29 vear age group and 3,128 overall out of 60,789 USA Triathlon-sanctioned triathletes in the nation, placing him in the top 13 percent in his age group and top 8 percent overall in the USAT national ranking for duathletes.

**Recently, PO Leathers** changed his role from race competitor to race director when Sector New York hosted the inaugural Father Capodanno 5K challenge. As Race Director, PO Leathers created the race course, arranged for awards, and coordinated the efforts of over 30 race volunteers. Furthermore. 16 Coast Guard members participated in this event, many competing in a race for the first time. This event was a great edition to the MWR program at Sector New York and provided great public awareness for the Coast Guard in this area.





**MST1 Michael Leathers**